

THE BARRE

LONDON

COFFEE

| | |
|------------------|-----------------|
| Double espresso | £2.6 |
| Double macchiato | £3.0 |
| Piccolo/Cortado | £3.0 |
| Flat white | £3.3/3.7 |
| Latte | £3.3/3.7 |
| Cappuccino | £3.3/3.7 |
| Mocha | £3.4/3.8 |
| Long Black | £2.9/3.2 |
| Filter Coffee | £2.9/3.2 |

| | |
|-----------------|-------------|
| Iced Latte | £3.8 |
| Iced Mocha | £4.0 |
| Iced Long Black | £3.2 |
| Cold Brew | £4.0 |
| Iced Chai | £4.6 |
| Iced Matcha | £4.9 |

HOT DRINKS

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|----------------|-------------|
| Hot Chocolate | £3.8 |
| Chai Latte | £4.0 |
| Matcha Latte | £4.5 |
| Beetroot Latte | £4.0 |
| Turmeric Latte | £4.0 |

SUPERSHAKES

Island sunrise **£5.25**

Strawberry, apple, carrot

Gym & juice **£5.95**

Avocado, spinach, banana, chocolate whey/plant protein & water

Add: chocolate/vanilla whey/plant protein

Espresso HIIT **£6.95**

Double espresso, almond butter, raw cacao nibs, banana & oat milk

Add: chocolate/vanilla whey/plant protein **£1.5**

Pure protein **£3.95**

Chocolate whey/plant protein with oat milk/coconut milk/water

EXTRAS

| | |
|---------------------------|------------|
| Oatly/Almond/Coconut/Soya | 30p |
| Decaf | 30p |
| Extra shot | 50p |
| Vanilla/Caramel | 50p |

WINE

House Prosecco **£7.95/£32**

Petalo White, Bodegas Gallegas, Spain 11% ABV **£6.95/ £28**

Floral notes & flavours of pear, apple, freshy cut citrys & stone fruit.

Petalo Red, Bodegas Gallegas, Spain 12% ABV **£6.95/£28**

Flavours of prunes & cinnamon with a perfect balance between fruit & acidity

Ruteiro Rose, Bodegas Milenium, Spain 11% ABV **£6.95/£28**

Dry, fresh & fruity

CRAFT BEER

Pillars Pilsner GF 330ml **£4.45**

Crisp, clean & refreshing. Pine & citrus flavours.

PILSNER ABV 4.0%

Pillars Hop Lager 330ml **£4.45**

Zesty citrus notes and a crisp, clean dry-hopped finish.

SESSION IPL ABV 4.5%

The Real Al Co Crafty Apple 500ml **£4.95**

Apple flavour coupled with butterscotch and toffee.

MEDIUM CIDER ABV 4.5%

TEA **£2.5 / £3.0**

English Breakfast
Decaf Eng Breakfast
Earl Grey
Ceylon Green
Red Berry
Lemon Verbena
Peppermint

THE BARRE

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Mon - Fri 9.30 - 3.30 / Sat - Sun 9.30 - 3.00

BAPS

Espresso glazed bacon served in a **brioche bun** with ketchup **£5.45**
- Add a fried egg **£1.5**

Pan fried **Halloumi & smashed avocado** served in a **brioche bun** with rocket & harissa ketchup (V) **£7.45**

Cumberland sausage served in a **brioche bun** with smashed avocado, a fried egg, rocket & chilli jam **£7.95**

ON TOAST

Scrambled or fried cacklebean **eggs on sourdough toast**, served with chilli flakes, sesame seeds & cherry tomatoes (V) **£7.45**

Smashed avocado on sourdough toast, served with sesame seeds, tomato wedges, chilli oil & chilli flakes (VG) **£8.95**

Sliced truffled avocado on sourdough toast, served with sun-dried tomatoes feta, toasted seeds, crispy fried onions, sesame seeds & balsamic glaze (V) **£10.95**

Homemade Beetroot Humous on sourdough toast, served with avocado, feta, beetroot & sesame seeds (V) **£9.45**

The Barre Breakfast - scrambled or fried eggs, cumberland sausages, espresso glazed bacon, hash browns, baked beans, fried garlic mushrooms, vine roasted tomatoes & toasted sourdough bread **£12.95**

The VEGAN Barre Breakfast - avocado on toast, fried plantain, hash browns, fried garlic mushrooms, vine roasted tomatoes, sautee garlic spinach & baked beans (VG) **£12.45**

Country style **ham & cheese omelette** served with toasted sourdough bread, horseradish mayo, sriracha sauce, green leaf salad & cherry tomatoes. **£8.45**

WEEKENDS ONLY

American style pancakes served with espresso glazed bacon, butter, maple syrup & a fried egg **£9.45**

Signature **tiramisú pancakes** served with coffee mascarpone with chocolate sauce & coffee syrup (V) **£8.45**

House pancakes with banana, strawberries, blueberries, maple syrup & whipped cream (V) **£8.45**

BOWLS

Acai bowl with granola, banana, strawberries, blueberries, coconut flakes, almond butter, chia seeds, cacao nibs & goji berries (VG) **£9.45**

Greek yoghurt OR **coconut yoghurt** bowl with granola, banana, coconut flakes, strawberries & blueberries (V/VG) **£6.95**

SIDES

Espresso glazed bacon **£2.95**

Cumberland sausages **£2.95**

Smoked salmon **£3.95**

Smashed avocado (VG) **£2.95**

Fried or scrambled eggs (V) **£2.95**

Pan fried halloumi (V) **£2.95**

Hash browns (VG) **£1.95**

Beans **£1.95**

Please order at the counter when you're ready. Please notify staff of any allergies or dietary requirements.